

PREFERRED MEALS

September LUNCH

WHITE PINE ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
August 28, 2017	August 29, 2017	August 30, 2017	August 31, 2017	September 1, 2017

September 4, 2017	September 5, 2017	September 6, 2017	September 7, 2017	September 8, 2017
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LABOR DAY

NATIONAL CHEESE PIZZA DAY
CHEESE PIZZA
Garden Vegetables
Orange Sorbet 100% Juice
Choice of Milk

MINI CORN DOGS & CHICKEN
FUN MIX
French Fries
Diced Pears
Ketchup
BBQ Sauce
Choice of Milk

AROUND THE WORLD DAY
SWEET & SOUR
BEEF W/RICE
Corn
Fresh Fruit
Choice of Milk

CRISPY CHICKEN FILLET
Hamburger Bun
Taco Beans
Baby Carrots
Fat Free Ranch Dressing
Fresh Fruit
BBQ Sauce
Choice of Milk

September 11, 2017	September 12, 2017	September 13, 2017	September 14, 2017	September 15, 2017
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CHICKEN DIPPERS
W/TOMATO PARMESAN SAUCE
Green Beans
Diced Peaches
Choice of Milk

BREAKFAST FOR LUNCH
PANCAKES & SAUSAGE
Golden Potato Rounds
Orange Juice
Syrup
Ketchup
Choice of Milk

PEPPERONI PIZZA
Romaine Salad
Fat Free Ranch Dressing
Mixed Fruit Cup
Choice of Milk

NEW ITEM
MACARONI & CHEESE
Mixed Vegetables
Fresh Fruit
Choice of Milk

FRESH FEATURE FRIDAY
CHARBROILED HAMBURGER
Hamburger Bun
Maple Baked Beans
Green Pepper Slices
Light Ranch Dressing
Fresh Fruit
Ketchup
Choice of Milk

September 18, 2017	September 19, 2017	September 20, 2017	September 21, 2017	September 22, 2017
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CHICKEN TENDERS
W/SWEET POTATO PUFFS
Whole Kernel Corn
Applesauce Cup
BBQ Sauce
Ketchup
Choice of Milk

HOT DOG W/
POTATO ROUNDS
Hot Dog Bun
Maple Baked Beans
Diced Peaches
Mustard
Ketchup (2)
Choice of Milk

BBQ CHICKEN
Hamburger Bun
Diced Carrots
Diced Pears
Choice of Milk

SAUSAGE PIZZA
Romaine Salad
Light Ranch Dressing
Fresh Fruit
Choice of Milk

NEW ITEM
MEATLOAF PANINI
Mixed Vegetables
Fresh Fruit
Ketchup
Choice of Milk

September 25, 2017	September 26, 2017	September 27, 2017	September 28, 2017	September 29, 2017
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MEATLESS MONDAY**
PIZZA DIPPERS
Marinara Dipping Sauce
Garden Vegetables
Orange Juice
Choice of Milk

CHICKEN QUESO BURRITO
Salsa Cup
Refried Beans
Pineapple Tidbits
Choice of Milk

TURKEY BURGER
WITH POTATO WEDGES
Hamburger Bun
Whole Kernel Corn
Fresh Fruit
Ketchup
Chipotle Ranch
Choice of Milk

MAKE YOUR OWN SALAD DAY
POPCORN CHICKEN
Romaine Salad
Cucumber Coins
Light Ranch Dressing
Applesauce Cup
Choice of Milk

ROTINI BAKE
WITH MEATSAUCE ^
Green Beans
Fresh Fruit
Chocolate Chip Minis
Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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NEW SCHOOL YEAR, NEW MENU!!!

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